# Pastor J.Rob Shepherd in a Shed

## A LIFE THAT ROCKS #6—RENEWED!

The Source of Power
Sermon Study Guide

John 10:10 (HCSB)

A thief comes only to steal and to kill and to destroy. I have come that they may have life and have it in abundance.

## Isaiah 40:31 (HCSB)

... those who trust in the Lord will renew their strength; they will soar on wings like eagles; they will run and not grow weary; they will walk and not faint.

## **RENEWED! THE SOURCE OF POWER**

In our universe, there is no perpetual motion machine. There is no perfectly efficient system. Everything that does anything needs a constant source of power. If we are going to renew our strength, we need an outside source of power. Where does that power come from?



## Who's Strength Is It?

Isaiah 40:28-29

<sup>28</sup> Do you not know? Have you not heard? Yahweh is the everlasting God, the Creator of the whole earth. He never grows faint or weary; there is no limit to His understanding. <sup>29</sup> He gives strength to the weary and strengthens the powerless.

| Who's | Strength?       |              |    |  |
|-------|-----------------|--------------|----|--|
| •     |                 |              |    |  |
| •     | the             | of the whole |    |  |
| •     | Who never grows |              | or |  |
|       | _               |              |    |  |

### 1 Corinthians 1:24-25 (HCSB)

<sup>24</sup> Yet to those who are called, both Jews and Greeks, Christ is God's power and God's wisdom, <sup>25</sup> because God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

#### **How Great Is This Strength?**

Ephesians 1:18-23 (HCSB)

<sup>18</sup> I pray that the perception of your mind may be enlightened so you may know what is the hope of His calling, what are the glorious riches of His inheritance among the saints, <sup>19</sup> and what is the immeasurable greatness of His power to us who believe, according to the working of His vast strength.

<sup>20</sup> He demonstrated this power in the Messiah by raising Him from the dead and seating Him at His right hand in the heavens— <sup>21</sup> far above every ruler and authority, power and dominion, and every title given, not only in this age but also in the one to come. <sup>22</sup> And He put everything under His feet and appointed Him as head over everything for the church, <sup>23</sup> which is His body, the fullness of the One who fills all things in every way.

How Great Is This Strength? Paul says that God has...

| • | Pc               | ower              |            |
|---|------------------|-------------------|------------|
| • | St               | rength            |            |
| • | Ch               | rist From The     |            |
| • | Hi               | m In              |            |
| • | Able to do       | and               | all we ask |
| • | Able to do above | and beyond all we |            |



## Ephesians 3:16-21

<sup>16</sup> I pray that He may grant you, according to the riches of His glory, to be strengthened with power in the inner man through His Spirit, <sup>17</sup> and that the Messiah may dwell in your hearts through faith. I pray that you, being rooted and firmly established in love, <sup>18</sup> may be able to comprehend with all the saints what is the length and width, height and depth of God's love, <sup>19</sup> and to know the Messiah's love that surpasses knowledge, so you may be filled with all the fullness of God.

<sup>20</sup> Now to Him who is able to do above and beyond all that we ask or think according to the power that works in  $us-^{21}$  to Him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

## Why Do We Need Strength?

### 1 Peter 5:10

<sup>10</sup> Now the God of all grace, who called you to His eternal glory in Christ Jesus, will personally restore, establish, strengthen, and support you after you have suffered a little.

#### 1 Peter 5:8

<sup>8</sup> Be serious! Be alert! Your adversary the Devil is prowling around like a roaring lion, looking for anyone he can devour.

## Ephesians 6:10-13 (NIV)

<sup>10</sup> Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armor of God, so that you can take your stand against the devil's schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup> Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

#### Why Do We Need Strength?

| , 20  |
|---|
| • We have an  |
| • You have to stand against him.  |
| • The Day of evil come.   |
| Will His Strength Work for Me?  |
| Philippians 4:13  |
| <sup>13</sup> I am able to do all things through Him who strengthens me.  |
| Will His Strength Work for Me?  |
| • We can do things in strength.   |
| 2 Thessalonians 3:3   |
| <sup>3</sup> But the Lord is faithful; He will strengthen and guard you from the evil one.  |
| God will strengthen us against  |
| Revelations 3:8 – God Knows Our Limitations   |
| The Letter to Philadelphia  8 I know your works. Because you have limited strength, have kept My word, and have not denied My name, look, I have placed before you an open door that no one is able to close. |
| God knows our limits and will we can't open.  |
| 1 Corinthians 1:8 (HCSB)  |
| <sup>8</sup> [God] will also strengthen you to the end, so that you will be blameless in the day of our Lord Jesus Christ.  |

God will strengthen us to the



## Romans 8:35, 37-39

<sup>35</sup> Who can separate us from the love of Christ? Can affliction or anguish or persecution or famine or nakedness or danger or sword? <sup>37</sup> No, in all these things we are more than victorious through Him who loved us. <sup>38</sup> For I am persuaded that not even death or life, angels or rulers, things present or things to come, hostile powers, <sup>39</sup> height or depth, or any other created thing will have the power to separate us from the love of God that is in Christ Jesus our Lord!

| C  | hrist Jesus our Lord!   |
|----|---|
|    | • God's Strength us no matter what  |
| Qυ | ESTIONS FOR THOUGHT & FURTHER DISCUSSION:   |
| 1. | On a scale of 0-10, how desperately do you need to be renewed right now?                          |
|    | What can you do to "trust" in the Lord so that you will be renewed?                               |
| 2. | In what ways do you feel that you are under attack or being worn out right now?                   |
| 3. | In the passages that talk about how God's power works FOR you, what gives you the most hope? Why? |
| No | tes:  |
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